

Royal Review Newsletter April 2017

Robin's Review

Spring is officially here. Although we are still seeing the odd snowflake, sunshine is just around the corner. It has been a long winter, but an end is finally in sight!

With spring, soon to follow will be summer. With the weather constantly changing, so will our needs for jackets and warm or cool clothing. If you are unsure of the weather conditions, please don't hesitate to ask one of our staff members as they would be happy to assist you.

I'm sure most of you have already noticed, but for those who haven't, we have a new managerial face in our family. Patrick Veerman is our new Maintenance Manager. Patrick comes with a strong background in the healthcare industry and has a wide variety of knowledge and skills. Please join me in welcoming him to our family. We are all very excited to have him join us!

Happy Spring!

Robin

Executive Director

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Culinary Corner

Spring and summer are just around the corner; with it comes all the local fresh fruits and vegetables. Fresh asparagus, corn, beans, strawberries and cherries are just a few to look forward to on your plate. If you have a favourite local vegetable dish or fruit dessert, please let our staff know and we will ensure it is featured on your menu!

Please make note of some of our upcoming events. **Easter Sunday** is April 16th, please make your family reservations as early as possible, as our dining room fills quickly. Our annual **Mother's Day** brunch will be on Sunday May 14th and our **Father's Day** B-B-Q will be on June 18th. For **Canada Day**, our picnic lunch is on Saturday July 1st. Make sure to check your monthly activity calendars and the main bulletin board for further details.

On behalf of the dining and kitchen staff, we wish you a wonderful spring and summer!

Larry Cvetich
Chef, Dietary Manager



VON FITNESS CLASSES

Our VON Resident Fitness Classes here at Prince George will be undergoing a moderate change in format. Instead of classes three times a week, they will be on **Monday & Friday** mornings, from **9:15 – 10:15am**. The classes have increased in length slightly and will be <u>starting 15 minutes earlier!!</u> This change will begin on April the 3rd.

Regular exercise is a very important part of wellness and we HIGHLY encourage participation in this wonderful program!!!



Note from the Wellness Coordinator

We are now into spring and I have already been back from maternity leave for nine months. The time has flown by! I'm excited to announce I will be leaving for maternity leave again the end of May. I will miss the residents and staff dearly. I am already looking forward to visiting with my children. I would like to take this opportunity to welcome our new residents. I hope they will be happy here and make Prince George their home.

I would like to introduce to you a new member of the Management team at Prince George. Barbara Hardy, Clinical Project Coordinator, Registered Practical Nurse. Barbara has been an employee at Prince George for the last three years and has recently joined the Management team in January 2017. Please give a warm welcome to Barbara!

The Management team wishes to thank the staff for the excellent care they give our residents. We greatly appreciate all you do!

We hope you have a lovely Easter as you celebrate the season with your loved ones.



Should you have any concerns or issues please do not hesitate to speak with me.

Sincerely,

Anne Ballantyne

Wellness Coordinator

Patrick's Updates & Reminders

As you may have noticed, the New Year has brought some new faces in our department. I'd like to welcome Gayle, Heather, and Marcus to our Housekeeping team. We strive daily for a clean and safe environment. You may notice some small changes to our schedules with the days of cleaning and laundry pick up. We are moving towards an efficient approach that will keep operations running smoothly.

As for myself, I have been a part of the Prince George Family for just over a month now and would like to thank everyone for their warm welcome. I make it my goal each day to better the home in some way. I also thank everyone for their patience as I settle in to a new home with many new faces. I look forward to working with you in your home.

We look forward to the upcoming spring season and getting our yard cleaned up. If you have any suggestions for our outdoor area, please feel free to let me know. Within the near future we plan to get some bird feeders and set up our outdoor furniture.

On behalf of the Environmental Service Team, I look forward to having a great day surrounded by great people.

Pat Veerman

Front Office

Welcome spring and April showers! Let's hope it brings lots of May flowers!

To all of our new residents and their families, I would like to extend a warm welcome to Prince George. To our existing Prince George family, thank you for welcoming our new residents and their families.

For those residents who were with us in 2016, your rent receipt has been issued to you or your family. If you require a second copy please contact Cathy O'Neil at 519-227-1268 or email admin@princegeorgerr.com.

Cathy O'Neil

Office Manager, Prince George Retirement Residence

Volunteers I would like to recognize and thank our two "Bingo

Volunteers" Karen & Harolyn who alternate Sunday afternoons. They also assist with other events. Their caring and compassionate presence is very special to me, and adds to the fun here at Prince George. I would like to recognize and thank Jackie of our Dietary department. Jackie comes once a month on her day off to do a special craft or two with our residents! She not only donates her time but also brings all the supplies with her. We appreciate your kindness and talents!!

Look what we've been up to......



Valentine's Day was celebrated with a "Chocolate Lover's Tea" and a draw for 3 beautiful Prize baskets.......







February is Mardi Gras time, our residents enjoyed "Shrove Tuesday" lunch, and a Masked Celebration with the Dixie 5 Jazz Band!!







Pauline
Activities Department

Come dine with us!

Family & friends are welcome to join residents for meals. Guests may purchase tickets at the main office Monday – Friday, 8 am - 4 pm. Lunch tickets are \$8.00 per person and dinner tickets are \$10.00 per person. Please let the kitchen staff know in advance of the meal if you wish to join your family member.

Save the Date....Upcoming Events

April 13th @ 10:30 – Easter Worship & Communion with Rev. Paul - RR

April 13th @ 1:30 – Guest Speaker Doug Teeter of Fanshawe Pioneer Village - RR

April 14th @ 1:00 – Easter Egg Hunt - RR

2:30 - Entertainment "Gord Worrall & Friend" - RR

May 12th @ 2:30 Mother's Day Tea, with Entertainment by "Susie-Q" – 2nd

May 13th "Spring Fling Yard Sale" 9:00 am – 3:00 - RR

June 18th Father's Day Bar-B-Que Lunch

July 1st - Canada Day Celebration, 2:30 featuring the "Dixie 5 & Friends Jazz Band" – Front Parking Lot (weather permitting)



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